

RSE Long Term Overview

	Autumn	Spring	Summer
Reception Cycle A	Relationships	My body	Life Cycles
Reception Cycle B	Keeping safe & looking after myself	People who help me	
Year 1/2 Cycle A	Relationships	My body	Life Cycles
Year 1/2 Cycle B	Keeping safe & looking after myself	People who help me	
Year 3/4 Cycle A	Relationships	My body	Feelings
Year 3/4 Cycle B	Keeping safe & looking after myself	Life cycles	People who help me
Year 5/6 Cycle A	Relationships	My body	Feelings and attitudes
Year 5/6 Cycle B	Lifecycles/human reproduction	Keeping safe & looking after myself	People who help me/getting help and advice

- Units of work may be taught in a different sequence depending on how teachers choose to link RSE to the wider curriculum.
- Each unit of work is progressive across year groups.
- Aspects of the RSE curriculum may be delivered through other subjects such as Science.