



Cockfield Primary School PSHE Policy

Introduction

PSHE is a non-statutory subject but an important part of all pupils' education and a necessary part of safeguarding. The promotion of pupils' personal development is a fundamental aspect of education and underpins all other learning. Personal, Social, Health and Economic Education is central to the development of the pupils at Cockfield Primary School. It is taught as both a separate subject, during the allocated time for each class, and embedded throughout the wider curriculum. Our PSHE curriculum is designed to help pupils to deal with the moral, social, cultural and health related issues that arise in our modern lives and the wider world. It helps pupils to develop the knowledge, skills and understanding they need to live confident, healthy, independent lives as members of society.

Intent

At Cockfield Primary School the principal aim of PSHE is to allow pupils to develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life beyond education. In line with the Education Act 2002 and the Academies Act 2010 we cover the three core themes of PSHE, Health and Well Being, Relationships and Living in the Wider World. At Cockfield Primary School, it is our intent that all children will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. We offer a nurturing learning environment in which each child is encouraged to develop their full potential and where their achievements and successes are celebrated and rewarded. As a school, we believe that children are all individuals and therefore, we aim to encourage mutual respect,

responsibility and foster self-esteem in a happy and caring atmosphere. The teaching and learning of PSHE supports this.

Implementation

Our children acquire knowledge, understanding and the skills they need to manage their lives now and in their futures. They develop the qualities and attributes needed to thrive as individuals, family members and members of society and the global community. PSHE is taught throughout the whole school during whole class lessons focusing on different topics each term. It is embedded through all lessons and the whole school day with everyone supporting and encouraging the children they interact with to use the skills they are developing and to make links to other areas of learning.

The aims of PSHE learning within Cockfield Primary School are to provide children with:

- accurate and relevant knowledge,
- opportunities to create personal understanding
- opportunities to explore and challenge a range of values, attitudes, beliefs, rights and responsibilities
- a range of skills and strategies to live a healthy, safe, fulfilling, responsible and balanced life.

Children at Cockfield also acquire an understanding and experiences of British values that are necessary if they are to make sense of their experiences, value themselves, respect others, appreciate differences and feel confident and informed as a British citizen. The children are encouraged to support the community through spreading words of kindness, singing and performing for the elderly and raising money for charity.

Impact

At Cockfield Primary School we seek to ensure that the PSHE that we teach improves the physical and social well-being of pupils. Through our PSHE education, we believe we can enhance children's education and help them to become caring, respectful, aspirational and confident individuals.

PSHE in the Early Years

PSHE sits within the areas of personal, social and emotional development and understanding of the world. From an early age, the children at Cockfield Primary School learn to develop respectful communication and they are aware of the feelings and wishes of others. The continuous provision is planned to provide the children with the opportunity to further develop the skills that they have learnt and then to use them independently. The youngest learners in the school are exposed too and participate in upholding our British Values. The children are encouraged to listen, be kind to each other and share with others.

We want all children to become:

Successful learners who enjoy learning, make progress and achieve.
Confident individuals who are able to live safe, healthy and fulfilling lives.
Responsible citizens who make positive contributions to society.

At Cockfield Primary School we recognise the importance of these three curriculum aims. These aims will be supported through every aspect of school life and will be fully achieved through a wide range of experiences and opportunities provided within the whole school approach to the PSHCE curriculum. We acknowledge that PSHCE plays a significant role in the children's ability to learn and achieve and underpins the ethos of the school.

This policy has been written in the context of:

Early Years Foundation Stage EYFS (2012)
The New Primary Curriculum (2010)
S.E.A.D The National Strategies Early Years (2008)
S.E.A.L Primary National Strategy (2005)
Citizenship at Key Stage 1 & 2 (2002)
Durham Primary Curriculum Guidance (2002)
P.S.H.E Non Statutory Framework, National Curriculum (2000)
Sex and Relationship Education Guidance (DfEE 0116/2000)

Objectives

The three strands which are necessary for effective learning in all areas of P.H.S.C.E are knowledge, skills and attitudes.

These will be evident in all P.S.H.E teaching and will enable children to:

- Develop self-awareness and positive self esteem.
- Become more mature, independent and self confident.
- Learn to respect the differences between people and cultures.
- Learn to keep themselves and others safe.
- Develop effective and satisfying relationships.
- Make informed choices about their health, lifestyle and environment.
- Develop their sense of social justice and moral responsibility.
- Take more responsibility, individually and as a group to resist bullying.
- Begin to understand that their own choices and behaviour can affect local, national and global issues.
- Play an active role as members of the school and citizens in the wider society.
- Make the most of their abilities.

These objectives are interrelated and cannot be taught in isolation.

Curriculum

At Cockfield Primary School the PSHE curriculum follows the You, Me, PSHE scheme to support knowledge, skills and understanding. Differentiated year group objectives are taught through weekly discrete PSHE sessions where appropriate and throughout the wider curriculum. The curriculum is divided into 7 main themes:

- Keeping safe and managing risk
- Mental health and wellbeing
- Drug, alcohol and tobacco education
- Identity, society and equality
- Physical health and wellbeing
- Careers, financial capability and economic wellbeing
- Sex and relationships education

A whole school approach will be used to implement this framework. Assemblies and themed weeks throughout the year support and celebrate British values.

Teaching and learning

- We allocate curriculum time to PSHE through set times on class timetables. All discrete teaching of PSHE should happen during these times.
- All teachers will endeavour to provide a safe and supportive learning environment where children can develop the confidence to ask questions, challenge and contribute from their own experience, views and opinions.
- Ground rules will be made and reinforced.
- Where information is provided it is realistic, current and relevant. Learning takes a positive approach which does not attempt to shock or guilt but focuses on what pupils can do to be healthy, enjoy and achieve, make a positive contribution and achieve economic wellbeing.
- The programme will be taught through a range of teaching methods including role play, scenarios, stories, video clips, visitors, partner and whole class discussion and worksheets.
 - Visiting speakers such as the NSPCC and health workers also contribute to the curriculum.
 - Children are encouraged to take part in a range of practical activities to promote active citizenship – fund raising, the planning of special events in school, making class rules, school council meetings, out of school activities, residential and trips.

Assessment, Recording and Reporting

- Teachers assess the children's knowledge by making informal judgements as they observe them during lessons.
- Pupils have the opportunity to reflect on their own learning and personal experiences and to set personal goals, agreeing strategies to reach them.
- Teachers have clear expectations of what pupils will know, understand and be able to do at the end of each key stage.
- Records and photographs are kept of pupils' contribution to the life of the school and community and how British Values are promoted.
- Assemblies promote personal achievements inside and outside of school.

Monitoring and Review

- The senior leadership team and PSHE coordinator will be responsible for monitoring standards of the quality of learning and teaching in PSHE.

- The PSHE coordinator will carry out pupil interviews to gain an understanding of what they think to the teaching and learning of PSHE.
- The PSHE coordinator will support colleagues in the teaching of PSHE by giving information about current developments in the subject, providing relevant resources and evaluating the scheme of work.
- All staff will be responsible for evaluating strengths and weaknesses in the subject within their year group, indicating areas for further development.

Working with parents

- We recognise that parents are key partners in our delivery of a comprehensive PSHE programme for pupils at our school and support their role.
- If parents have any concerns about any of the content covered they are welcome to speak to the Leadership team.
- The PSHE policy will be available for parents to read on the school website.
- Parents are invited to attend a workshop about the content of the RSE curriculum.
- Updates for parents are published on the school newsletter.

Equal Opportunities

- We promote the needs and interests of all pupils irrespective of gender, culture, ability, religion or aptitude.
- Teaching strategies will take into account the ability, age, readiness and cultural backgrounds of the pupils to ensure that all can access the full PSHE curriculum.
- We promote social learning and expect our pupils to show a high regard for the needs of others.
- We address multicultural, gender and sexuality issues throughout the curriculum ensuring equal opportunities for all.

RSE

See the new RSE policy and programme of study.

Links

- This policy has clear links with other school policies aimed at promoting pupil's Spiritual, Moral and Cultural development including our Behaviour policy, Safeguarding Policy, Anti bullying Policy, Equality Policy, Relationships and Sex Education policy, Drugs policy.
- Due to the nature of topics covered in PSHE all teachers are aware of the school's guidelines on safeguarding, confidentiality and disclosure.

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