

Cockfield Primary School Statement for Physical Education and Sport

Physical Education is an important part of the curriculum at Cockfield. The Physical Education curriculum engages children in a variety of activities. Each class is timetabled for 2 hours PE per week, plus additional sporting opportunities at extra-curricular clubs. The key aims of physical education in the national curriculum is to ensure children:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

The main areas of our PE are based around six themes:

1. Dance - creating and performing formal and creative dance sequences
2. Games - a range of team games and sport activities developing skills and tactics in mini-games and applying their skills and competencies in more traditional sports and competitions
3. Gymnastics - developing the core skills of agility, balance and co-ordination; using these in creating and performing fluent sequences on the floor and apparatus
4. Swimming
5. Athletics - running, jumping and throwing activities
6. Outdoor and adventurous activities - more advanced activities including problem solving

We attend many sporting festivals. Children practise their skills in lessons and chosen teams get to take part. We believe that all children should have the opportunity to become involved in competitive sport if they so wish, so therefore we have an inclusive policy where we try to give every child a chance to attend.

There are times when we invite coaches into school to enhance some of the PE lessons. These coaches work alongside the class teachers and provide the children with extra sporting opportunity that we may not have been able to provide ourselves.

Sports Day is held every year. Children are split into house groups and partake in a range of traditional Sports Day races. Parents are invited to come and support their children as they compete for points for their house. Medals are presented to children for good sportsmanship and teamwork and the winning house receives the house trophy.