

Key stage 1 & 2 Long term plan P.S.H.C.E

P.S.H.C.E is a non-statutory subject.

	Autumn	Spring	Summer
Class 2	Relationships (settling in) A Rights/Respect & Responsibilities B	Wider World (R.E) A Health (science) B	Health and Wellbeing (D.T) A <i>Drugs awareness (year 2 only) A/ B</i> Wider World (Geography) B
Class 3	Rights/Respect & Responsibilities A Health (science) B	Wider World (computing) A Wider World (Geo/R.E) B	Health and Wellbeing (science) A Relationships (Art)
Class 4	Relationships (History) A Rights/Respect & Responsibilities B	Relationships (computing) A Health (science) B	Health and Wellbeing (Art) A <i>Drug awareness/ Puberty talk (year 6 only)</i> <i>A/B</i> Wider World (R.E.) B

All the above areas are discussed as and when needed with the class teachers, assemblies allow children time to reflect upon feelings and current issues.

Health and Wellbeing pupils should be taught:

- what is meant by a healthy lifestyle
- how to maintain physical, mental and emotional health and wellbeing
- how to manage risks to physical and emotional health and wellbeing ways of keeping physically and emotionally safe about managing change, such as puberty, transition and loss how to make informed choices about health and wellbeing and to recognise sources of help with this how to respond in an emergency to identify different influences on health and wellbeing.

Relationships pupils should be taught:

- how to develop and maintain a variety of healthy relationships within a range of social/cultural contexts
- how to recognise and manage emotions within a range of relationships
- how to recognise risky or negative relationships including all forms of bullying and abuse
- how to respond to risky or negative relationships and ask for help how to respect equality and diversity in relationships

Living in the Wider World pupils should focus on:

- 'economic wellbeing and being a responsible citizen' and be taught: about respect for the self and others and the importance of responsible behaviour and actions
- about rights and responsibilities as members of families, other groups and ultimately as citizens
- about different groups and communities to respect equality and to be a productive member of a diverse community
- about the importance of respecting and protecting the environment
- about where money comes from, keeping it safe and the importance of managing it effectively
- how money plays an important part in people's lives
- a basic understanding of enterprise